



Female HRT Questionnaire:

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| 1. Hot flashes or night sweats? | Yes | No |
| 2. Difficulty falling asleep or staying asleep? | Yes | No |
| 3. Decreased or absent libido? | Yes | No |
| 4. Weight gain? | Yes | No |
| 5. Fatigue despite getting a good night's rest? | Yes | No |
| 6. Decreased clarity of thoughts? | Yes | No |
| 7. Thinning of hair or hair loss? | Yes | No |
| 8. Any skin changes, or increased dryness to skin? | Yes | No |
| 9. Personal or family history of blood clots? | Yes | No |
| 10. Do you smoke? | Yes | No |
| 11. History of bone fractures? | Yes | No |
| 12. Cold extremities such as hands or feet? | Yes | No |
| 13. No energy to do the things you used to do? | Yes | No |
| 14. Date of last mammogram: | | |
| 15. Date of last pap: | | |
| 16. Bone Density Scan: | | |