



December 12, 2011

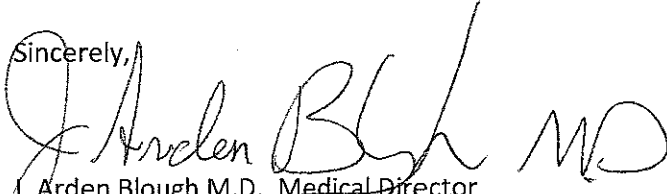
To: All Weight loss Management and Weight Maintenance Patients

**From: J. Arden Blough, M.D.**

The FDA on December 6, 2011 released a public notice warning, “**Over the counter** hCG products being sold for weight loss are illegal and claims that the drugs work are unsubstantiated.” The article claims that the **homeopathic** hCG is not responsible for weight loss, only the very low calorie diet. We agree that the **homeopathic** hCG, which does not contain hCG and in fact does not help with weight loss, is unsafe. Our clinic started The hCG Challenge last spring where we tested several hundred different homeopathic hCG products that patients brought in. We found that these types of hCG contained little to no hCG making them unsafe to take. The hCG we offer at the Broadway Clinic is not homeopathic and is only prescription strength, compounded in our own pharmacy.

We continue to recommend that the only safe way to undergo Weight loss management and Weight Maintenance is continuous supervision under the care of a medical provider who specializes in weight loss. A Medical Provider who knows your medical History, has properly examined you, has evaluated your history, and who utilizes prescription medications including prescription strength hCG.

I look forward to treating you and helping you safely and successfully reach your weight loss goals and adding additional years of health and wellness to your lives. As always, if you have any questions or concerns regarding your weight loss medications, please let us know immediately.

Sincerely,  
  
J. Arden Blough M.D., Medical Director  
The Broadway Clinic