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### **The Broadway Clinic uses only pharmacy-compounded, safe and effective hCG**

Dr. J. Arden Blough, M.D., Medical Director of The Broadway Clinic, speaks out in support of a public notice issued by the FDA on December 6, 2011. The FDA notice warns, "Over-the-counter hCG products being sold for weight loss are illegal and claims that the drugs work are unsubstantiated." The article claims that the associated very low calorie diet is responsible for any weight loss, not the homeopathic hCG.

Dr. Blough states, "We agree that the **homeopathic** hCG, which does not actually contain hCG and in fact does not help with weight loss, is unsafe. The hCG we offer at The Broadway Clinic is not **homeopathic** and is only prescription strength, compounded by own pharmacy."

Dr. Blough says, "Out of concern that the public was being misled by the claims of over-the-counter hCG makers, our clinic started 'The hCG Challenge' last spring, and, at no charge, tested several hundred different **homeopathic** products that patients brought in. We found that these products contained little to no hCG, making them ineffective."

The Broadway Clinic's Allyson Kraker, P.A.-C., concurs. "We continue to recommend that the only safe way to undergo weight loss management and weight maintenance is continuous supervision under the care of a medical provider who specializes in weight loss. A medical provider who knows your medical history, has properly examined you and evaluated your history, and who utilizes prescription medications, including pharmacy-compounded prescription-strength hCG is your best choice."

The Broadway Clinic's weight-loss patients have lost a collective 120,000 pounds over the last two-years. Dr. Blough says, "My concern is that confusion about the night-and-day difference between over-the-counter **homeopathic** hCG and pharmacy-compounded prescription-strength hCG may prevent some from utilizing this ground-breaking, safe and effective treatment to improve their health."

Dr. Blough concluded, "I look forward to continuing to help our clients add years of health and wellness to their lives by safely and successfully reaching their weight goals. As always, we are here to answer questions and concerns about weight loss methods and medications."