



## GETTING STARTED

- To get started we will schedule you to come in on 2 separate visits. The first visit is for testing only which will include labs, possible EKG depending on age and medical history and body composition evaluation. The cost for this visit is **\$250**. This fee also covers the visit fee of the follow up visit.
- The follow-up visit can be scheduled as soon as three days following lab testing (allowing time for us to get your lab results in) – \*schedule permitting. It is at this visit that you will see a provider to go over your labs and other testing. Together you will decide as to which program works best for you and your lifestyle. The only cost you will incur on this visit would be for the medications and/or supplements prescribed to you that day. Depending on medications prescribed the second visit costs will range as follows:

- Appetite Suppressants range from \$15-90 depending on dose & quantity
- Semaglutide Weekly Injections (4)
  - .25ml dosing \$240
  - .50ml dosing \$280
  - 1.0ml dosing \$325
  - 1.7ml dosing \$370
  - 2.4ml dosing \$400
- Tirzepatide Weekly Injections (4)
  - 2.5mg dosing \$350
  - 5.0mg dosing \$450
  - 7.5mg dosing \$550
  - 10mg dosing \$650
  - 12.5mg dosing \$750
  - 15.0mg dosing \$850

## FOLLOWING UP

- **There is a monthly program fee/follow up visit cost of \$110 each month, medications are additional cost.**
- Follow-up visits are once every 4 weeks. At each follow-up visit, we will check your weight and other vitals, discuss & record progress, and refill or adjust medication(s).
- **Follow-up visits must be scheduled. Virtual visits are offered after in-person initial visit.** We do also require that patients come in for an in-person visit after 6 consecutive virtual visits.
- Supplemental medications: CIR (Chromium) \$15; DNS (Doctor's Nutritional Supplement) \$20; Vitamin D3 \$20; Super Energy \$20; Calm CP \$58; MAG Complete (Magnesium) \$18; Melatonin-SR \$20; Vitality Injections \$22; Probiotics \$38 – *additional supplements are available.*
- Thyroid medications range from \$15-\$72/mo depending on brand & dose.
- Metformin 500mg #30 \$5; Metformin 750mg ER #30 \$8

## ADDITIONAL SERVICES:

- **Nutritional Counseling** – costs range from \$100-\$300 depending on length of consult
- **BHRT (Bio-identical Hormone Replacement Therapy)** – first year costs range from \$2000-\$3000. Each year after costs are approximated at \$1600-\$2400. See a staff member for details.

## PLEASE BE ON TIME:

Out of respect for everyone's time, we ask that patients arrive to their appointment time 15 minutes early. While we will make every effort to accommodate our patients with understanding unforeseen circumstances, we cannot guarantee late appointment arrivals will get to be seen and you may be asked to reschedule.