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January 2018

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Happy
New
Year

It's 2018 - Time to make a change!

New Year's Encouragement

The voices of others can be very influential in our lives. But what can get to us even more is our own voice - the one saying you can't do it, that you'll never be successful. This year, that voice isn't going to control you anymore.

Don't be discouraged - we're here to help you reach your goals! Don't let another year pass you by without setting an intention to get healthy. We all know how intimidating resolutions can be, and maybe you've even grown cynical of the concept altogether, but your goals can be easier to reach if you have a plan and small steps to get there. It's also important to remember that weight loss is never finished. We can help you with an array of services - food plans, exercise, and medical counseling on healthy habits. You may reach your goal weight, but then you'll shift your focus to maintaining that weight. It's an ongoing process that leads to a whole life of health. It takes hard work, but with a little help, you can do it.

The Broadway Clinic has a unique range of weight loss programs, so there is sure to be one that best fits you. Anything from diet modification to hCG injections to dietary supplements - we have what you need to start losing weight right away.

Don't let the haters get you down this New Year. Contact Broadway today to find out how you can start losing weight and accomplishing all that you set out to do!

[Find proven weight loss now.](#)

Wellness Workshop from The Broadway Clinic

January 25, 2018 at 7 p.m.

Held at Advanced Physical Therapy Solutions - 1907 N Broadway, Suite B

Come listen to Richard Beevers, APRN-CNP, talk about how to start the new year right. Exercise, weight loss and overall wellness can be intimidating, but this workshop is designed to break things down by discussing the components of exercise and the best methods for becoming a healthier you!

NO SHOW POLICY UPDATE

Dear Patients:

Effective Monday, December 4th, 2017, we will start to enforce a \$25 no-show fee.

Due to an increased number of no-show appointments we feel it is necessary to implement a fee to encourage our patients to keep their appointments, or at the very least, to provide us with a 24 hour notice when they are unable to make it. This will allow us to ultimately better serve our patients especially during our busier months.

Please do not hesitate to ask if you have any questions.

Respectfully,

TBC Management & Staff

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The Broadway Clinic
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